INNOVATIONS IN ACCESS TO EVIDENCE BASED MENTAL HEALTH CARE

SELF-DIRECTED LEARNING

MHIKNET (pronounced “my net”), is Manitoba’s Health Information and Knowledge Network and is a service provided by the University of Manitoba’s Health Sciences Libraries to staff of Manitoba Health, Seniors & Active Living, staff of participating Regional Health Authorities, and fee-for-service physicians in Manitoba. MHIKNET provides quality information for patient care, evidence-based practice, and continuing education.

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WEB RESOURCES

American Psychiatric Assoc.— Learning Center
Canadian Psychologcal Assoc.— Resources
Mental Health Commission of Canada— Resources
MHIKNET Toolkit
Portico— Psychiatry in Primary Care
Portico— Toolkits
Schizophrenia Society of Canada— Position Papers and Reports

GUIDELINES

American Psychiatric Assoc Practice Guidelines
CANMAT Depression Guidelines
College of Family Physicians of Canada. Mental health: associations and organizations, guidelines, and reports. CFPC.
CPA; CAGP; CACAP (2015). Thirteen things physicians and patients should question. Toronto, ON: Choosing Wisely Canada.

ARTICLES


Literature Searches:

Do you want to know more about these or other topics? Health sciences librarians will do a professional literature search for you on any topic or question you have. We will send you a list of references by email, mail, or fax. Select the citations that are of interest to you and we will send you the full text documents. Request a search at: http://mhiknet.lib.umanitoba.ca/home/literaturesearch

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PATIENT RESOURCES

Alzheimer Society of Canada
American Academy of Child & Adolescent Psychiatry—Facts For Families Guide
American Psychiatric Association—Patients & Families
American Psychological Association
Anxiety BC—Brochures
Anxiety BC—Resource Documents
Anxiety Disorders Association of Manitoba
Canadian Mental Health Association—Mental Health
Early Psychosis Intervention—Dealing with Psychosis Toolkit
Health Canada—Mental Health & Wellness
Medline—Warning Signs of Mental Illness
Medline Plus - Mental Health
Mood Disorders Association of Manitoba—Resources
Public Health Agency of Canada—Mental Health
Psychiatryonline—What your patients need to know about psychiatric medication
Schizophrenia Society of Canada—Education

Don’t Forget…UpToDate

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UpToDate is an electronic Clinical Decision Support tool used by clinicians and non-clinicians in the delivery of healthcare. It includes more than 10,500 topics covering general internal medicine and more than 20 specialties; a select drug database and drug interaction tool (in partnership with Lexicomp®); more than 1,500 patient education topics; more than 28,000 graphics; links to more than 400,000 references; and a number of medical calculators.

Contact Us:

Toll Free: 1.877.789.3804
Phone: 204.789.3804
Fax: 204.789.3923
Email: mhiknet@umanitoba.ca
http://mhiknet.lib.umanitoba.ca

BOOKS


VGH Library: WM 105 H236h 2014.


Miserocchia and VGH: WY 160 R474e 2011.

NJM Library: WA 390 R948h 2012.

VGH Library: WM 141 S947 2015.

NJM Library: WM 30.6 M689m 2013.