Choosing Wisely: Mental Health & Psychiatry

Choosing Wisely Canada

In 2012 Choosing Wisely was launched in the United States with the goal of advancing dialogue on avoiding wasteful or unnecessary medical tests, treatments, and procedures. Modeled after this campaign, and organized by a team of leading Canadian physicians, Choosing Wisely Canada (CWC) aims to help clinicians and patients engage in conversations about unnecessary tests and treatments, and make smart and effective choices to ensure high-quality care.

Choosing Wisely Recommendations:

Choosing Wisely Canada List for Psychiatry: 13 Things Physicians and Patients Should Question
Recommendations concerning the use of antipsychotics, psychostimulants, antidepressants, and diagnostic tests for various disorders including ADHD, dementia, and depression.

American Psychiatric Association Choosing Wisely List: Five Things Physicians and Patients Should Question
Recommendations on choosing wisely from the American Psychiatric Association concerning the prescription of antipsychotic medications.

Publications:

Present and Future of Developmental Neuropsychopharmacology

When Psychosis Isn’t the Diagnosis: A Toolkit for Reducing Inappropriate Use of Antipsychotics in Long Term Care
Bueckert V, Cole M, Robertson D. Choosing Wisely Canada.

Under-detection of Depressed Mood in Older Inpatients and Related Over-prescription of Depression-associated Medications

Choosing Wisely? Let’s Start with Working Wisely

Less Sedatives for Your Older Relatives: A Toolkit for Reducing Inappropriate Use of Benzodiazepines and Sedative-Hypnotics Among Older Adults in Hospitals
Soong C, Leis J. Choosing Wisely Canada.

Reduction of Inappropriate Benzodiazepine Prescriptions Among Older Adults Through Direct Patient Education

Choosing Wisely: Wise Choices in Psychiatry

Medication Overprescription Among Aboriginal Women
Werb, D. CrossCurrents 2006 Autumn; 18.