Choosing Wisely: MSK

In 2012 Choosing Wisely was launched in the United States with the goal of advancing dialogue on avoiding wasteful or unnecessary medical tests, treatments, and procedures. Modeled after this campaign, and organized by a team of leading Canadian physicians, Choosing Wisely Canada (CWC) aims to help clinicians and patients engage in conversations about unnecessary tests and treatments, and make smart and effective choices to ensure high-quality care.

Choosing Wisely for MSK:

American Physical Therapy Association. (2015). Don’t use (superficial or deep) heat to obtain clinically important long term outcomes in musculoskeletal conditions.

American Physical Therapy Association. (2014). Don’t employ passive physical agents except when necessary to facilitate participation in an active treatment program.

American College of Rheumatology. (2013). Don’t test for Lyme disease as a cause of musculoskeletal symptoms without an exposure history and appropriate exam findings.

American College of Rheumatology. (2013). Don’t order autoantibody panels unless positive antinuclear antibodies (ANA) and evidence of rheumatic disease.

American Society of Nephrology. (2012). Avoid nonsteroidal anti-inflammatory drugs (NSAIDS) in individuals with hypertension and heart failure or CKD of all causes, including diabetes.

American College of Rheumatology. (2013). Five things physicians and patients should question.


Publications:

