Choosing Wisely: More Than Skin Deep…
Topics in Dermatology

In 2012 Choosing Wisely was launched in the United States with the goal of advancing dialogue on avoiding wasteful or unnecessary medical tests, treatments, and procedures. Modeled after this campaign, and organized by a team of leading Canadian physicians, Choosing Wisely Canada (CWC) aims to help clinicians and patients engage in conversations about unnecessary tests and treatments, and make smart and effective choices to ensure high-quality care.

Choosing Wisely for Dermatology:

The Australasian College of Dermatologists: tests, treatments and procedures clinicians and consumers should question.


American Academy of Dermatology – Choosing Wisely List

Dermatologists Identify Five Skin Health Treatments and Procedures That Consumers May Not Need

Don’t prescribe oral antifungal therapy for suspected nail fungus without confirmation of fungal infection.

Don’t perform sentinel lymph node biopsy or other diagnostic tests for the evaluation of early, thin melanoma because they do not improve survival.

Don’t treat uncomplicated, nonmelanoma skin cancer less than 1 centimeter in size on the trunk and extremities with Mohs micrographic surgery.

Don’t use oral antibiotics for treatment of atopic dermatitis unless there is clinical evidence of infection

Don’t routinely use topical antibiotics on a surgical wound.

Don’t use systemic (oral or injected) corticosteroids as a long-term treatment for dermatitis.

Don’t use skin prick tests or blood tests such as the radioallergosorbent test (RAST) for the routine evaluation of eczema.

Don’t routinely use microbiologic testing in the evaluation and management of acne.

Don’t routinely prescribe antibiotics for inflamed epidermal cysts.

Publications:

Addressing overuse starts with physicians: Choosing Wisely Canada.

From Choosing Wisely to practicing value - More to the story.

Predicting the presence of nonmelanoma skin cancers after biopsy: A method to reduce unnecessary surgical procedures.